



MELBOURNE
GYMNASTICS
CENTRE



GYMSTAR
GYMNASTICS



Gymstar Camp

Thomas Daddow

MAG Advanced coach at FBGC

Thomas Daddow is an advanced
Advanced MAG coach at FBGC.

With over 15 years of coaching experience, Thomas has worked across a wide range of levels and disciplines, including MAG ALP, GFA, Gymstar, adults gymnastics, AGC, and Kinder Gym. As a former GFA, turned MAG gymnast and competitor, Thomas combines his technical expertise with a deep love for the sport, bringing energy and enthusiasm to every session.

Thomas is passionate about helping gymnasts of all ages and abilities achieve their goals while ensuring the journey is as enjoyable as it is rewarding.

His favourite apparatus is the Parallel Bars, where he appreciates the variety of skills and connections. He looks forward to guiding gymnasts in learning new and exciting skills, and developing their confidence on and off the apparatus!



PBARS

SPECIALIST GUEST COACH

